Jyotish can help us in many ways, such as:
1. Knowing the future: A problem foreseen is a problem avoided. Jyotish helps us see into future. It does not put before us a clear picture of the future but it gives an idea of how the future is going to be. Based on that idea of future we can make our lives better.
2. Knowing yourself: Jyotish helps us understand ourselves better. It gives the answers to the unanswered questions which bother us all, like 'Why does it happen to me only?' or 'How long do I have to undergo this trouble?'
Jyotish gives us insight in our actions and thoughts. It helps us become better and more balanced people.

3. Knowing others: With the help of Jyotish we can know and understand the people around us in a better way. Even if you do not know a person all you need to have is that person's Date, Time and Place of birth and Jyotish will give you a clear personality sketch of that person. All his/her vices/virtues unfolded.

This helps people who want to get into new relationships but are apprehensive about doing so because they do not know well the person with whom they want to have a relationship.

For the employers Jyotish is very helpful in understanding their employees and they can give the right person the right kind of job.

4. Planning your life: When one knows the forthcoming ups and downs, good/bad periods and positive/negatives of life one can plan one's life in a more productive way.

These were only a few of the benefits of Jyotish.