Roshni asks: I got married in 2011 to my boyfriend of two years. I am a Mangalik but my husband is not. Since last one year I am facing a lot of problems in my marriage. I suspect that my husband is having extra marital affairs. I myself have strayed out of marriage a few times but I have managed to keep it a secret. Please advice whether I should stay in the marriage or not. My DOB is 24th January 1977, TOB is 16.35 Hrs and POB is Delhi.



Astrologer Ashutosh: Roshni ! The intensity and nature of Mangal dosha is judged on basis of the horoscope's ascendant and the placement of Mars in the horoscope. In some cases Mars is positive despite creating Mangalik effect in a horoscope and the native is able to adjust well in a marriage with a non-Mangalik person. But, in most cases like yours this imbalance of Mangal dosha causes serious problems in the marriage.

You were born under Mithun (Gemini) ascendant and Meen (Pisces) moon sign. In your horoscope, Mars is both natural and functional malefic (harmful) planet and is placed in the house of marriage itself in a yuti with the ascendant lord Mercury. This makes you a highly energetic, courageous, adventurous, passionate but short tempered person.

There is a sign interchange between Jupiter and Mars which indicates a marriage after a sufficiently long love affair. But, this sign interchange is also responsible for your attraction to other men and the frequent extra marital flings you have had.

The energy imbalance created by your being a powerful Mangalik and your husband being a non-Mangalik has motivated your husband to find solace and comfort in love affairs outside marriage as he could be finding you as too passionate, clingy, possessive and demanding.

You are in the Antardasha of Mars in the Mahadasha of Venus since November 2015. This Antardasha ends on 24th January 2017. I am sure much peace will prevail after that as the Mars Antardasha had escalated the conflicts between you and your husband.

You can still save your marriage by performing these remedies given below. Getting separated from your husband will not be beneficial or peaceful for both of you.

1. Strictly avoid wearing Red and Orange in your clothes. Wear more of Green and Blue.

2. Keep fasts on Tuesdays, if your daily schedule allows it.

3. Perform strenuous physical exercises everyday. These exercises must be so that your body and muscles feel thoroughly stressed out. These exercises could be Yoga, Aerobics, jogging, kick boxing or even a little weight training.

4. If your husband can join you in the exercises then it will be an added benefit for you both as your high energy levels will cool down while his low energy levels will rise by the physical exercises.

5. Wear a good quality emerald in a gold ring on the little finger of left hand on Wednesday at sunrise. Also wear a white sapphire or a fire-opal in a silver ring on the ring finger on Friday at sunrise.

6. If possible, try to keep Maun Vrat (Vow of silence) for at least one hour every day. This Maun Vrat must involve no sort of communications, do not use even the hand signals or written word. Have absolutely no communication with anyone during this one hour period. This will calm down the inner turmoil and restlessness you feel and will give you an insight into your and others thoughts and actions.

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